



# DELTA KAPPA

*The Official Newsletter of The Lambda Chapter : Special Summer Edition*

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### *Thank You To Our Donors*

*Dr. Karin Jordan*

*Dr. Rikki Patton*

*Ulia Fisher*

*Noelle Chapelle-Zamuido*

## Letter from the President



Welcome to the third year of Delta Kappa Lambda! It is my distinct pleasure to serve as your President for the 2016-2017 school year as we welcome new and returning University of Akron MFT/C students alike. Since its inception, MFT/C student members and faculty advisors of Delta Kappa Lambda have made amazing contributions

to the field of MFT/C and to the community as a whole through clinical training workshops, guest lectures, local toy and food drives, counselor self-care programs, student mentorship program, and community outreach.

Delta Kappa Lambda would not have become the success it is today without the support of fellow students like yourself and the dedication of our faculty. A very special thank you to past faculty advisor's Dr. Karin Jordan, and Dr. Rikki Patton, as well as current faculty advisor, Dr. Heather Katafiasz, and past Presidents Megan Vitek, and Ulia Fisher for their leadership, hard-work, and unwavering commitment to the success of Delta Kappa Lambda and its students.

I look forward to honoring DKL's traditions as we move forward collaboratively with our counseling program partners toward another successful year of service, and invite you to become active in DKL as we enter a new, exciting year!

*Rick Dawson, Delta Kappa Lambda President*

# Meet The Delta Kappa Lambda Board for 2015/2016

## President: Rick Dawson



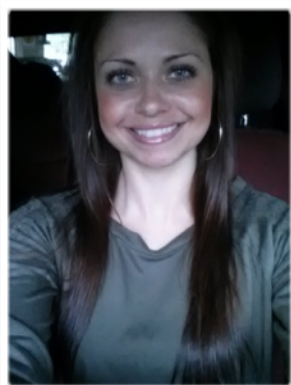
As I begin my third year in the PhD program in MFT/C, I look forward to working closely with my fellow students in MFT/C, counseling, and psychology, my clients, and our faculty. Diverse life experience guided me to The University of Akron, and has allowed me to appreciate the great value we have in our counseling programs and in Delta Kappa Lambda. I'm excited to apply what I'm learning to assist the survivors of violent crime and our first responder populations with the serious challenges of trauma.

## President Elect: Jenn Goerke

I am a first year PhD student in Counselor Education and Supervision: MFT/C track. My interests are with youth trauma, substance abuse and its effects on the family, and domestic violence. I am excited about all the opportunities DKL has to offer and look forward to watching our chapter continue to grow. As President Elect, I am honored to be collaborating with other DKL members and assisting with the continued development of DKL.



## Past President: Megan Vitek



My name is Megan Vitek and I am a third year doctoral student in the Counselor Education Program: MFT track. I earned my Masters in MFT at the University of Akron as well. My research interest is working with the military population and their families. I look forward to continuing to expand my knowledge in the field.

**Historian: Michael Pennington**

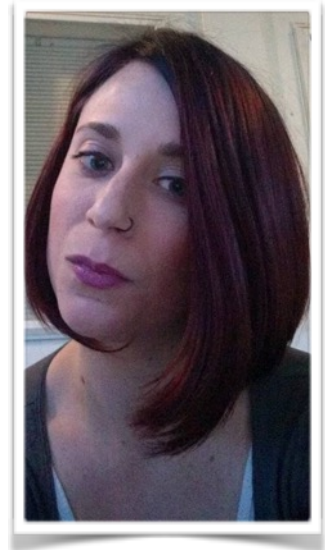
My name is Michael Pennington and I am entering my third year in MFT/C. I am currently interested in how technology can be utilized in clinical practice, supervision, and education. I am also a graduate of the Masters Program in MFT at The University of Akron. I am also interested in therapist self-care; looking especially at how it affects the therapist and how we can better practice more effective self-care. My role as Historian for Delta Kappa has been very rewarding in being able to chronicle our past, present, and future. I look forward to continuing to grow with Delta Kappa and bringing you more amazing newsletters.

**Secretary: Rachel Bell**

I am a licensed Marriage and Family Therapist and licensed Professional Counselor. I earned my master's in Marriage and Family Therapy from The University of Akron and has just started my second year in the doctoral program for Marriage and Family Therapy here. My research interests include the intergenerational transmission of trauma within a family system and barriers to treatment for low-income and marginalized populations. My clinical work includes seeing individuals, couples, and families, both at the training clinic on Akron's campus, as well as in the psychiatric units of Summa St. Thomas Hospital in Akron. After graduation, I hope to secure a faculty position at a university and work in private practice.

**Social Chair: Amber Fensler**

Hello fellow MFT's! My name is Amber Fensler. I am a first year PhD student and the Social Chair of Delta Kappa Lambda. This is my third year on the board, but my first year in this position. I love the support and sense of community that I have found in our department, so providing opportunities for all of us to meet and unite is an exciting role to have in DKL. I look forward to planning some fun events this year and to have speakers from multiple perspectives in the mental health field come speak at our monthly Speaker Series. If you have some ideas for socials, please feel free to email me or be on my committee! Ana23@zips.uakron.edu





## Welcome New Members!

### Inducted on April 26th:

Rachel Bell  
Miranda O'Dell  
Zina Petrov  
Samantha Golden  
Lorin Calderon  
Kalia Haile  
Lauren Wilson  
April Tomic  
Mindy Armbrust  
Dana Kopas  
Natalia Simovic  
Katelyn Blackwell  
Michael Redd  
Sarah Lahoski  
Sarah Gowan  
Aseem Garg  
Natasha Finney  
James Figley  
Brian Crisan  
Brittany Buescher

# Save The Date!!

## DELTA KAPPA LAMBDA's

Here is a list of what we have planned in the next couple of months.

## DKL Speaker Series

*\* First Friday of Every Month \**

**12pm - 1pm, Q&A to follow**

**September 2nd - Multicultural Issues in Counseling presented by:**

**John Queener, PhD**

**October 7th - A Discussion on Suicide Assessment presented by:**

**Barb Medlock, RN, MSN**



# DKL Induction Ceremony

*Congratulations To All Our New Members!!!*



# Delta Kappa Lambda

## *In the Community*

As part of our commitment to advocacy each semester Delta Kappa participates in a service project. So far we have participated in the Holiday Toy Room Program at Summit County Children Services and the Holiday Food Drive at The Akron-Canton Regional Food Bank.



We have also been able to advocate at the National level. Our previous faculty advisor, Dr. Rikki Patton, Past Program Vice President Co-Chair, Molly McDowell-Burns, and current faculty advisor, Dr. Heather Katafiasz met with Congress to advocate for the clients of the counseling profession and for mental health professionals. AAMFT graciously flew them to Washington, DC to advocate for support of The Mental Health Access Improvement Act of 2015.



# DKL Social Events



# DELTA KAPPA LAMBDA

***T-shirts*** are still available and ***Spring Totes*** are coming!!!



**T-shirts: ~~\$15~~ now only \$12**

**Spring Totes: \$20**

**-Package Deal-**

***T-shirt & Tote for a DISCOUNT price of  
\$30 instead of \$32!***

If you are interested please contact Rick Dawson to place your order.

**Please include in your email:**

Name, # of shirts, Size (youth sizes and larger sizes available upon request)

[rsd24@zips.uakron.edu](mailto:rsd24@zips.uakron.edu)



# DKL is on Twitter!!

Now we can more easily keep everyone up to date with all of the most recent news regarding DKL!

We will be posting about upcoming socials, workshops, Speaker Series, and much much more!

*Please Follow us:*



@DKLambda

## ***A History of Delta Kappa Lambda***

By: Michael Pennington



On August 30, 2014 The University of Akron was installed as the Lambda chapter of Delta Kappa making it the eleventh chapter in the country. This also completed the transition from SAMFCT which was founded by Dr. Patricia Parr. Delta Kappa Lambda set out to continue that legacy through affording our program opportunities to network and collaborate with other chapters as well as be a presence in our local community.

Delta Kappa Lambda's (DKL), 2014-2015, was an ambitious one. Highlights included an MFT community and clinical contribution award ceremony, given to UA MFT students and MFT Professionals. Our first member induction ceremony occurred in spring semester. We engaged in our first community service activity, such as the Holiday Toy Room Program at Summit County Children Services in December. The first Spring workshop featured Dr. Karin Jordan presenting on Disaster Mental Health: What Every Health Professional Should Know. This first year also marked the beginning of the Mentorship Program. The program was created to help those in their first year of the MFT master's or PhD program by pairing them up with students who are much further along in the program. The purpose is to provide guidance to new MFT graduate students and help with their transition into graduate school and the exciting world of systemic thinking. Our many social outings throughout the year were able to provide opportunities to enjoy a night out and network with fellow MFTs, both members and non-members. This also allowed us to showcase our first bit of merchandise: T-shirts!

Building on this momentum Delta Kappa Lambda is working to make 2016 even more exciting. This year we created our DKL Speaker Series to our list of events. Each of these events feature a prominent speaker from the local mental health community. This past spring we welcomed 20 new members. The Mentorship Program also saw success this year with multiple mentor's and mentee's participating. To capitalize on the success of our T-shirts, DKL added Spring Tote's for members and non-members to purchase. Delta Kappa Lambda also made strides in advocating for the local community as we participated in the Holiday Food Drive at The Akron-Canton Regional Food Bank is year. This year we have gone even further to make our presence known at the national level when earlier this year our faculty advisor, Dr. Rikki Patton, Past Program Vice President Co-Chair, Molly McDowell- Burns, and member of Delta Kappa Lambda, Dr. Heather Katafiasz met with Congress to advocate for the clients of the counseling profession and for mental health professionals. Now we are working on events such as our annual workshop, DKL Speaker Series, more social outings, and community service projects. To see all the exciting events that we have coming up this year please follow us on Twitter @DKLamdba.



